

# GET UP GET READY GET GOING

C O M M U N I T Y P R A Y E R

## 3-Day Bible & Prayer Plan

### *Isaiah 60:1-3 NKJV*

*Arise, shine; For your light has come! And the glory of the Lord is risen upon you. 2 For behold, the darkness shall cover the earth, And deep darkness the people; But the Lord will arise over you, And His glory will be seen upon you.*

*3 The Gentiles shall come to your light, And kings to the brightness of your rising.*

**Note:**

We encourage you to read the background, purpose, scriptures, and framework. It will help you to get the most out of the plan

# Get Up; Get Ready; Get Going

## How to: Use this 3-day Bible & Prayer Plan

### Background

In December 2022 our General Superintendent Pastor Chris Cartwright shared his vision for our Elim movement looking ahead towards the new year 2023 and beyond. The Elim Prayer team felt this was a significant message that had a strong prophetic call to Awaken and enter into a 'New Day' full of opportunities that the Holy Spirit would open up to us.

At the Elim National Day of Prayer on Sunday January 8th 2023, Chris expounded more fully the prophetic picture of Awakening as a church, and this meant all of us experiencing the awesome glory of God. He felt we needed to give God our full attention and allow our souls to be awakened. Also, that we needed to respond and having woken up, not return to a state of slumber. The message continued with the need to Align ourselves with God so that we do not get distracted. There was a need for eye salve to save us from fear and release us into fresh new things accompanied by fresh trust and hope, free from disappointments.

It really was a prophetic call for us together, to make a difference by purposefully starting a marathon race, not a sprint, and allowing the fresh presence of the Holy Spirit to flow through us. You will find many of the points made by Pastor Chris Cartwright are included and expanded on within the three-day notes.

This timely message comes in a new season which follows three previous Engage Prayer events where God led us to adopt the following emphases based on key scriptures:

- September 2021 – **Abide and Advance – John 15:1-16**
- March 2022 – **Hearts on Fire**, Refired and Refuelled – **Hebrews 12:29 & Ezekiel 15:6**
- September 2022 – **Enlarging Hearts & Breaking Ground – Isaiah 54:1-4**

To date we have been on a 2 Year journey of prayer and fasting as a whole Elim Movement. We have had a deep desire to see breakthrough in individuals, churches, towns, villages and cities across the country.

As an Elim Prayer team we believe now is the time to heed the prophetic call and message shared by our General Superintendent and be motivated to take all that God has been encouraging us in outside the four walls of our buildings into the community.

Collectively the three seasons of prayer make up twenty-one days. This reminds us of the story in the prophetic book of Daniel. He was calling on the Lord in prayer and petition. There was evidently a battle in the heavenlies before the response to his prayers was disclosed. The answers to his heartfelt prayers came following angelic intervention.

## *Daniel 10:12-14 NKJV*

*12 Then he said to me, "Do not fear, Daniel, for from the first day that you set your heart to understand, and to humble yourself before your God, your words were heard; and I have come because of your words. 13 But the prince of the kingdom of Persia withstood me twenty-one days; and behold, Michael, one of the chief princes, came to help me, for I had been left alone there with the kings of Persia. 14 Now I have come to make you understand what will happen to your people in the latter days, for the vision refers to many days yet to come."*

## **THE PURPOSE OF THIS PLAN**

The plan is designed to help us draw closer to God in prayer, the study of scripture, and to flow in greater depths of worship. It is intended to be a tool to stimulate creativity in our prayer lives by helping us complement our natural and spiritual giftings. Our desire is to help us all to be attuned to the prompting of the Holy Spirit. By listening carefully, God will speak to us, and through us prophetically.

By tuning in to Him closely, we will hear what He is saying about our needy and diverse communities. In this new year, we believe God is quickening us to get out into our communities and follow a threefold process. Get Up; Get Ready; Get Going.

This three-day plan is designed to inform and stimulate prayer for an outward facing season that will bring the light of God's presence into our communities, through us.

## **What is in each Engage Prayer daily plan?**

As in previous plans, each day will follow a similar pattern, building sensitivity and deeper understanding about Jesus' heart for the church and community. We hope that individuals and whole Churches will engage in prayer together. Experience has shown that joining together in prayer and study of scripture corporately results in the release of greater understanding in God's intentions, and of our part in them.

Prayer opens our hearts to hear God. It is often accompanied by a challenge to soften our hearts to repent or receive healing, but always generally prepare the ground for God to move in power. This year, we believe it is essential to take what God says out into the streets, hear what He is saying at ground level, and respond accordingly.

We do hope that you find this plan useful. It is designed to help us engage with our new year theme. Be encouraged and strengthened to grow in effective service of God our heavenly Father, in the power of the Holy Spirit. May Jesus be glorified in us as we go out into our communities to walk, pray and act as He directs us.

## KEY SCRIPTURE

This is the key scripture that our General Superintendent shared in December 2022, in advance of our Elim National Day of Prayer on 8th Jan 2023

### *Isaiah 60 NIV - The Glory Of Zion*

*“Arise, shine, for your light has come, and the glory of the Lord rises upon you.”*

*2 See, darkness covers the earth and thick darkness is over the peoples, but the Lord rises upon you and his glory appears over you. 3 Nations will come to your light, and kings to the brightness of your dawn.*

## USE THIS SCRIPTURAL FRAMEWORK AS WE GO OUT

The Elim National Day of Prayer emphasis was Awaken; Align; Advance. These three words were the basis for our March 2023 Engage Prayer Event, and has birthed our new theme of Get up, Get Ready and Get Going. This flows with the key scripture expounded by Pastor Chris Cartwright in December and January, **Isaiah 60:1-3**. Looking at each of the three verses we see:

**v1** - Arise, Shine, Light, Risen are positive words that stand out. Similarly:

**v2** - Behold, the State of the world around us, the Lord arising on us, Glory on us are phrases that are a challenge and a promise. And finally:

**v3** - Gentiles (all of us), Come to the Light (outreach), People of influence coming to light, Brightness of Jesus seen in us. As we go, people have an opportunity to encounter Jesus in us!

This simplified three-day bible and prayer plan uses these three verses to help guide our thoughts and actions as we pray outside the church for God to break through in our communities. As you meet together and pray, we fully expect God to give you so much more than what is written here. God will help you develop your own thoughts and strategies within your unique communities not just praying inside the church, but out on the streets.

# LET'S PRAY

We commend the plan to you. Prayerfully enter in, and fully participate each day if you can. Enjoy it, be challenged, changed, motivated, and blessed. Give God quality time during the three days. Be purposeful and choose to allow God to stir our hearts to Get Up (Arise); Get Ready (Align) and Get Going (Advance). As we do, pray that God will give us deeper understanding of His will, purpose and place to go and be good news!

***“God, awaken us to the season we are in, and the calling You have placed on us. This is a new day, where God smiles on us, and His glory and presence rests on us”.***

***Pastor Chris Cartwright (Collated notes form the new year message)***

Just picking up on this quote for a moment, our prayers are amazingly important, and if we faithfully persevere, will see the smile and presence of the Lord poured out through us into our communities by the power of the Holy Spirit.

We are praying that God will advance His kingdom through us, for His glory. With our love.

***The Elim Prayer Team***



# GETUP DAY 1

GETUPGET  
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## A Prayer of Awakening

It would be great to begin by praying a prayer asking God to centre your heart and mind on Him. **Let's pray.**

*At the start of the day Lord, we choose to open our hearts to you and give You the worship that You deserve. Thank You for giving us the strength to get up and be motivated to pray. We thank you for Your sustaining grace, and provision. You have never left us alone and been there for us all the time. We are so grateful for Your unfailing love and faithfulness. Please release Your power within us at the start today.*

*We realise we cannot serve You effectively in our own strength. Help us as we choose to live our lives in a way that brings glory to Your Name. We need more of You Lord. Amen*

## A Biblical Foundation

Today we are concentrating on the first verse of the key scripture.

**Isaiah 60 1** *Arise, shine, for your light has come, and the glory of the Lord rises upon you.*

Arising literally means physically moving, standing up and reaching our full height and being seen, present and therefore not hiding away. It is a conscious choice that we make.

## Community Focus in our Minds

Arise shine within our communities effectively means get up and be prepared to be seen!

There are several other complementary passages of scripture that underline the importance of arising, awakening and being seen.

**Matthew 5:16** *In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.*

People will only be able to see the light of Jesus if we get up and become visible.

**John 1:14** *The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.*

In this verse that Jesus dwells in us by the Holy Spirit, and people can become aware of Him in us. Then people will experience a touch of His glory through us. Our prayer today is, let Jesus will be seen in us. Practically when we get up we need to stir ourselves. Getting up is a physical action, but also a helpful attitude of decision. This will help us prepare to be ready, and effective in God's call and role in society.

## A Prophetic Heart Cry!

God is stirring us and calling us to awaken as the people of God. He is urging us to give Him our full attention! God wants us to arise and step-in to all that He has for us as individuals, churches and communities. Not only does God want our attention, but our response. He wants us to arise before we start to move forwards and He certainly doesn't want us to go backwards. In tough times God is with us, and He wants to surprise us with all that He wants to do in and through us now.

## Things to pray for as you Get Up!

- Strength for the day and energy in heart, mind and body.
- A zeal that is rooted in God's purpose for our life, and a release of His spiritual gifts.
- A heart to serve God and make Him the priority focus so we are plugged into God's priorities.
- A burden for the part of the community you will be engaging with, and sensitivity to needs

## A Prayer of Response for the call to Rise Up

As we get up and activated at the beginning of the day, why not call out to the Lord for strength, wisdom, guidance and passion to see maximum fruit and breakthrough for what we will face. **Let's pray.**

*God, will You please stir us afresh today. Awaken our hearts and souls to get up and give You our full attention. Help us as we move into the day, to do so in Your strength and not our own. Fill us afresh with the Holy Spirit's power, and let Your light shine in us, bringing Glory to Your Name, and through us, bring the message of hope to those we meet. In Jesus Name. Amen.*

# GET READY

## DAY 2

GET UP GET  
READY GET GOING

## A Prayer of Readiness

It would be great to begin by praying a prayer asking God to centre your heart and mind on Him. **Let's pray.**

*At the start of the day Lord, we choose to open our hearts to you and give You the worship that You deserve. Thank You for giving us the strength to get up, and now get ready and motivated. We pray and prepare for what is to come. We thank you for Your sustaining grace, and provision. You have equipped us and provided all the gifts and graces that we need. We get ourselves ready for what we will face today.*

*We choose to dress ourselves with the whole armour, thus ensuring we are covered by Your love. We get ready by having all the right spiritual tools to hand. Please energise us in Your power today so that we have the stamina and endurance to serve You fully. Help us so we will be effective and fruitful. We choose life in Your life in all its fulness so that our speech and actions bring glory to Your Name. We need more of You Lord. Amen*

## A Biblical Foundation

Today we are concentrating on the second verse of the key scripture.

**Isaiah 60 2** *See, darkness covers the earth and thick darkness is over the peoples, but the Lord rises upon you and his glory appears over you.*

Getting ready means dressing ourselves. It also means planning, thinking, and praying. Once we get up, the next stage is to prepare for what we do with our time and energy. This will mean making choices that affect priorities. Our community will not respond automatically, we need prayer, preparation, and guidance to be fruitful.

# Community Focus of Planning and Kitting Ourselves Out

The Lord Arising upon us results in His glory being seen! There are several other helpful passages of scripture that underline the importance of recognising the darkness in our world, but also Jesus' light and life being seen in us.

***Daniel 12:3 NKJV*** *3 Those who are wise shall shine Like the brightness of the firmament, And those who turn many to righteousness Like the stars forever and ever.*

If we spend time in God's presence rubs off on us, and He can prepare us and equip us to shine for Him. People will see the light of Jesus in us if we get dressed, ready and filled with God's power. By doing so He will use us effectively.

***Ecclesiastes 2:13 NIV*** *13 I saw that wisdom is better than folly, just as light is better than darkness.*

As we prepare ourselves and ask God for His help, we find ourselves receiving wisdom. Bear in mind we need to ask for it as it doesn't come automatically.

***James 1:5 NIV*** *5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.*

So, let's get ready. Let His presence impregnate us and then let's gather up the tools and equipment we need. If we do, we are ready to fulfil the purposes of God in society.

## A Prophetic Heart Cry!

God is wanting us to align ourselves with His plans and purposes for our communities. This will mean research, prayer, and intercession, and asking God to bring revelation from His word. He will also want us to speak out prophetic words by the Holy Spirit. Sometimes these things may not make immediate sense, but if we respond, He will reveal His plans and purposes in due time. Speaking into the airwaves His words by faith will positively transform the atmosphere. Ask God to renew your mind to receive.

## Things to pray for as you Get Ready!

- Ensure we clothe ourselves in the whole armour of God, with all its protection.
- For wisdom and tact to fulfil God's purposes as we exercise faith to use spiritual gifts.
- To take captive thoughts, focus on God's priorities, and be led by the Holy Spirit.
- For a sensitive, purposeful attitude and approach to everything God has called us to be and do within our community.
- For greater awareness of God's leading in situations He may be leading us into.

## A Prayer of Response to get Ready and Equipped

As we prepare ourselves, dress and equip at the start of the day, ask the Lord for insight, discernment, wisdom, and willingness to act upon what He tells us to do. **Let's pray.**

*Lord please renew our minds today. Help us to prepare well and get ready, and give You our full attention. Help us as we step out in faith to find the right people and places so that we can be fruitful. We prepare to go in Your strength and not our own. Fill us with the Holy Spirit's power.*

*Release the gifts and graces we need as we respond to Your words of truth and prophetic insights. Help us to bring Glory to Your Name, and a message of hope and a word of revelation to those we meet. In Jesus Name. Amen.*

# GET GOING

## DAY 3

GET UP GET  
READY GET GOING

## A Prayer of Preparedness to Get Going

Begin by praying a prayer asking God to stir you up with energy, zeal, and courage to step out to serve Him. **Let's pray.**

*Lord, we choose to be motivated to serve you in our communities. We give You the time and attention that You deserve. Thank You for giving us Your power and strength. Help us as we direct this energy and zeal to get going and reach the people, places and situations that require Your intervention and influence. We know that You will go before us and will be with us as we go! We thank You for the power of Your love.*

*By faith we choose to leap out into the unknown and therefore ask You to guide our steps. We are grateful for Your unfailing love, guidance and wisdom. Release Your power in and through us. We cannot serve effectively without You. We need Your strength. We choose to go and be salt and light in a dark world. Be glorified in all that we do in Your Name.*

*We thank You Jesus. Amen*

## A Biblical Foundation

Today we are concentrating on the third verse of the key scripture.

**Isaiah 60 3** *Nations will come to your light, and kings to the brightness of your dawn.*

Having got up, and readied ourselves to serve the Lord, we now need to get motivated to go out into our communities and fulfil the purposes of God in our generation.

Jesus gave His disciples a clear mandate in the gospels.

**Matthew 28:18-20 NIV** *18 Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. 19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."*

Before we go it is always important to get up and get ready. Part of this is research, preparation and equipping ourselves and our churches. However, it doesn't stop there. We must go in accordance with Jesus' command otherwise we won't see the things that the scripture above promises. Let's be well researched, motivated and willing to go when released.

## Community Focus of Purposely Setting off with Determination

Light and brightness will be the result of us spending time with God, getting up, getting ready and then being prepared to get going. There are some remarkable things that God will do when we step out in faith.

**Mark 16:17-18 NIV** *17 And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues; 18 they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well."*

People will see signs and wonders as well as be used to help people with felt needs. Gospel in action!

**Acts 2:45 NIV** *45 They sold property and possessions to give to anyone who had need.*

Whether it is praying on the streets, researching our communities, or responding to felt needs, there will be a cost and challenge. Ultimately, we will see God's overcoming power working through us. Let's be prepared to pray, but also to act as the Holy Spirit leads us.

## A Prophetic Heart Cry!

There is a prophetic call right across the various church streams within our nation. It is to get going into our communities to declare and demonstrate the goodness of God. Actions, not just words. Let us take faith steps and go to the towns, cities and villages and use the gifts of the Holy Spirit to demonstrate God's power to save, heal and set free. We will see the fruit of our faith in action supernaturally, and also by serving people's felt needs.

## Things to pray for as you Get Going!

- Alertness, clarity of sight and hearing, both spiritually and naturally, and in heart, mind, and body.
- A greater awareness of atmospheres and influences around us as we engage with society, and sharpness of spirit to recognise God's hand on people as we go.
- Eyes to see and ears to hear what the Holy Spirit may be alerting us to as we pray and think about the sights and sounds around us.
- A compassion and sensitivity that is counter cultural to the spirit of the age that influences people's behaviour and speech so that Jesus is seen in us.

## A Prayer of Response to Set off and Moving Out into the Community

As we make the decision to go out serve God and fulfil His calling on our lives, ask Him for strength, wisdom, guidance and passion to operate in faith, love and grace, no-matter the challenges. **Let's pray.**

*Go before us Lord and empower us as we go and serve You. Help us to be alerted, and receive words of wisdom and knowledge to compassionately share with people. Demonstrate Your power through us in healings and miracles. Bring Glory to Your Name and help us to take the message of hope to lost generations. In Jesus Name. Amen.*