

FRIDAY

## GOVERNMENT POLICIES

*'I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way.'*

**1 TIMOTHY 2:1-2 (ESV)**

O God, inspire integrity and grant wisdom, compassion and courage to the Chancellor, the Finance Ministers in Northern Ireland, Scotland and Wales, and those responsible for finance in local councils. In Jesus' name. **Amen.**

Father, we intercede for significant changes in circumstances - such as global inflation, post-Covid difficulties, climate change, conflicts in Ukraine and elsewhere - that are causing economic crises. In Your mercy. **Amen.**

SATURDAY

## EMPLOYMENT AND PAY

*'Your eyes are open to the ways of all humankind; you reward each person according to their conduct and as their deeds deserve.'* **JEREMIAH 32:19 (NIV)**

Lord, please help employers and workers to understand each other's troubles and find ways to resolve their disputes over fair pay and conditions in the current harsh economic climate. For Jesus' sake. **Amen.**



## 'The UK faces one of the greatest challenges in memory.'

Low-income families are in a very precarious position. Prices soar while wages remain stagnant. Taxes haven't been so high since the 1950s and Universal Credit for families could fall in value by over £500 per year.

**4.3 million children** are in poverty that blights their lives – **this is set to grow.**

Poverty leads to other social ills. For example, family breakdown becomes more likely. Addictions can take hold. Poverty can lead to abortions if women, all too frequently abandoned by the father, feel unable to afford to care for a baby. Poverty drives others into prostitution and sexual exploitation.

**CARE will campaign on behalf of such vulnerable people**, proposing realistic, hope-filled policies to government and helping to address the root causes.'



**ROSS HENDRY**  
CEO of CARE



## TEN WAYS TO PRAY ABOUT THE COST OF LIVING CRISIS

*'PRAY FOR ALL PEOPLE. ASK GOD TO HELP THEM; INTERCEDE ON THEIR BEHALF AND GIVE THANKS FOR THEM.'*

**1 TIMOTHY 2:1 NLT**

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## SUNDAY

### GOD'S PROVISION

*'As for the rich in this present age, charge them to set their hopes on God, who richly provides... to do good, to be rich in good works, generous and ready to share.'*  
**1 TIMOTHY 6:17,18 (ESV)**

Loving God, who has richly provided for our needs, please encourage those of us in Your Church who have enough to share generously with people who do not. In Your mercy. **Amen.**



## MONDAY

### PRESSURES ON FAMILIES

*'Give justice to the weak and the fatherless; maintain the right of the afflicted and the destitute. Rescue the weak and the needy.'* **PSALM 82:3,4 (ESV)**

Lord, You care about families and other households that do not have enough money to cover basic living costs. May they turn to You in their distress and find help especially through the compassion of Your people. In Jesus name. **Amen.**

Father, we remember families where financial problems have exacerbated serious problems. Please protect anyone who is being neglected or abused. In Your mercy. **Amen.**

## TUESDAY

### VULNERABLE PEOPLE

*'Speak up for those who cannot speak for themselves; ensure justice for those being crushed.'*  
**PROVERBS 31:8 (NLT)**

Compassionate God, we pray for elderly people, especially those living with poor physical and mental health, who are anxious, lonely and need help. In Jesus' name. **Amen.**

Thank You Father for the many generous Christian and other organisations that are seeking justice and relief for vulnerable people who suffer because of poverty. For Christ's sake. **Amen.**

### FIVE CHRISTIAN CHARITIES

**Acts 435** - online giving for those in need through local churches and charities.  
**acts435.org.uk**

**Christians Against Poverty** – advice and help for people to become debt free.  
**capuk.org**

**Kintsugi Hope** – support for people affected by mental health issues.  
**kintsugihope.com**

**Safe Families** – working with local authorities to support vulnerable families.  
**safefamilies.uk**

**Trussell Trust** – Nationwide network of foodbanks.  
**trusselltrust.org**



*'Give generously to the poor, not grudgingly, for the Lord your God will bless you in everything you do. There will always be some in the land who are poor. That is why I am commanding you to share freely with them.'*  
**DEUTERONOMY 15:10,11 (NLT)**



## WEDNESDAY

### CARING NEIGHBOURS

*'Are your hearts tender and compassionate? ... Don't look out only for your own interests, but take an interest in others, too.'* **PHILIPPIANS 2:1,4 (NLT)**

Lord, may the spirit of generosity, evident during Covid, increase in our communities and churches - leading to many creative acts of kindness and caring. By Your grace. **Amen.**

## THURSDAY

### COMBATTING CRIME

*'Those who oppress the poor insult their Maker, but helping the poor honours him'* **PROVERBS 14:31 (NLT)**

God of justice and mercy, please grant the police success in convicting criminals who prey on others through exploitation, robbery, fraud and other heartless schemes to steal and harm. In Christ's name. **Amen.**