BREAKOUT

MISSION DAY

75 IDEAS TO HELP YOU BREAKOUT!

CARRY THE LIGHT GIVING MESSAGE INTO THE NIGHT.

ONE GENERATION. ONE DAY. ONE MISSION.
HALLOWEEN 2026

limitlesselim.co.uk/breakoutmission

BREAKOUT

MISSION DAY

Go out into the world uncorrupted, a breath of fresh air in this squalid and polluted society. Provide people with a glimpse of good living and of the living God. Carry the light-giving Message into the night
Philippians 2:14-15 (MSG)

This Halloween, let's "carry the light giving message into the night."

Imagine a movement of children's and youth groups breaking out of the church building on the same day. Imagine an army of kids and young people stepping into their communities with mission, justice, social action, and evangelism.

On 31 October 2026, that dream becomes reality. All across the British Isles, children and young people will be shining light in the darkness —
and you are part of it!

There's plenty to consider when taking a group of children or young people on mission, and that's why we've developed this resource to help you think it all through. Yes, the practical implications matter, but as you read this through, remember to keep your 'why' front and centre; to obey Jesus Great
Commission to "go".

So let's BREAKOUT of the boundaries of our buildings. Let's strengthen our faith through embracing the uncomfortable. Let's raise up a generation of mission-oriented, others-focused, courageous followers of Jesus.

This Halloween, let's "carry the light giving message into the night."

BREAKOUT

PRAYER-FOCUSED OUTREACH

COMMUNITY PRAYER REQUESTS

Set up a table in a community thoroughfare with cards available for prayer requests. Display a banner saying: "SUBMIT PRAYER REQUESTS HERE." Invite members of the public to write their prayer needs. Have young people ready to offer prayer there and then at the station.

COMMUNITY PRAYER WALK

Walk through the local community, stopping in specific places to pray for those areas or for specific things.

GO 'TREASURE HUNTING'

Take some time to listen to God, asking Him to show you words, pictures, and encouragements for specific people, then go out into the community and share them with the people God shows you.

HEALING PRAYER ON THE STREETS

Set up in the town centre and pray for people for healing. Incredible things can happen!

HIGH-RISE PRAYER

Get out to the highest location in your locality and pray over the nation and your local area. This may be a hill, a mountain, or a high-rise building.

COMMUNITY PRAYER WALK

Walk through the local community, stopping in specific places to pray for those areas or for specific things.

NINJA ENCOURAGEMENTS!

Take some time to listen to God, then write out what He tells you — these may be words of knowledge, prophecy, encouragement, or verses of Scripture — then go and post these through letterboxes in the neighbourhood.

PERSECUTED CHURCH BLACKOUT

Pray for persecuted Christians around the world using Open Doors Youth resources.

PRAY, FAST, FEAST

Fasting is a practice with many benefits, and one of the least considered is how it can serve as an act of solidarity with the poor. Call your group to fast for the day, meet to pray together for those in your community who are experiencing that same hunger — but not by choice — and donate the money they would have spent on food that day to a local charity or national/international justice organisation. Then break the fast together with a feast (usually pizza)!

PRAYER-FOCUSED OUTREACH

BREAK OUT

PRAYER FOR FRIENDS

Lay out a long roll of paper across the floor and ask the young people to write the names of their friends who don't know Jesus yet. Pray for each of them by name, then get the whole group to lift the paper roll up in the air and pray, as a prophetic act of lifting up their friends to God.

PRAYER MAP

Get hold of a big map of the UK and gather around it, praying for God to move across our land. You may want to take one nation at a time and include praying specifically over your local area.

PRAYER SCAVENGER HUNT

Set up prayer stations around your local area, with youth leaders at each station (with chocolate). Young people are given a map and have to head out to find the prayer stations. When they get there, they are given the prayer requests (i.e. if it's your local Police Station, young people are encouraged to pray for the Police and all the work they do in the community). Have cards with written prayers ready at each station for those not confident with prayer or non Christians taking part.

PRAYER SPACE IN THE COMMUNITY

Set up creative prayer stations for young people to circulate around. You may dissolve a tablet in some water to represent dissipating anxiety. You may have a cross upon which people can stick Post-it note prayers. Or perhaps a washing line upon which people can 'hang' their burdens. However you do it, make sure it's in a visible and accessible space for the community to access.

PRAYER SPLASH

Get a large waterproof map of your community and place it on the ground in a large outdoor space. Fill water balloons and invite the young people to hit targets on the map. As they hit each target, have a list of the prayer requests for that specific area ready for them. Young people are encouraged to then pray for the area they hit.

PROPHETIC MESSAGES

Ask your young people to bring a picture of a friend who doesn't know Jesus yet. Teach them how to listen to God, and ask them to listen for a Bible verse and/or word of encouragement for the friend in that picture. Then send them a voice note or text with that Bible verse / word of encouragement.

TWILIGHT PRAYER WALK

Gather just before dusk and prayer-walk your neighbourhood as the evening begins. Pray for protection over children, peace over homes, and for light to shine in every street as darkness falls.

BREAKOUT

EVANGELISM & GOSPEL PROCLAMATION

BIBLE GIVEAWAY
Simply hand out free Bibles on the street to those who want them.

DOOR KNOCKING
Yep, that old classic… Visit houses and share the gospel, if you dare!

GLOW GOSPEL BANDS
Hand out glow bracelets with a small tag attached: "Jesus said, 'I am the Light of the World.'"

GOSPEL GIG
Invite a Christian band to perform and share the gospel. If you can host this in the school building with the band doing a week in the school in the build-up, even better! **The Message Trust** and **Light** have some great bands who can help you with this.

JESUS CHOCOLATE GIVEAWAY
On Halloween, people are more than happy to receive sugary gifts from people they've never met! So why not use this as an opportunity to let everyone know that **Jesus loves them!**

LIGHT BEACONS
Set up a 'Light Beacon' in your local community. Simply set up a gazebo or two in a central location on our patch and light them up to provide a warm welcome. Serve hot dogs and hot chocolate; run a children's activity, and give away glow bracelets and gospel leaflets. Offer a listening ear and a prayer where possible. **Find out more about setting up a 'Light Beacon' here.**

OPEN AIR YOUTH SERVICE
Hold an open-air youth service in the town centre, park, or church car park.

OUTDOOR BAPTISM
There's no greater witness to the power of the gospel than water baptism… so why not take it out of the building? Go to the sea, a lake, a river, or a blow-up swimming pool and make a public declaration of faith. Granted, this might be chilly in October… just wear a wetsuit and you'll be fine!

PUPPET SHOW
A classic of kids' ministry! A fun and visually engaging puppet show with a gospel twist is a great way to engage community kids in the message of Jesus.

SOCIAL MEDIA STORIES
Get some camera equipment and lighting, and film young people sharing their testimonies — then post these on social media.

EVANGELISM & GOSPEL PROCLAMATION

BREAK OUT

STREET EVANGELISM

Teach your young people how to share the gospel (**The 4 Points**, **Jesus at the Door** and **The Three Circles** are accessible and portable models for this), then go do it!

TESTIMONY BOOTH

Set up a simple "Stories of Hope" booth in a public space. Invite young people to share short testimonies of what Jesus has done in their lives.

TREAT OR TREAT?

Get involved in the Halloween thing, with a twist! Rather than door knocking and asking for sweets, door knock and give a gift! Create packages with your young people that include treats to make people smile, along with some Biblical encouragements or resources. **Houses of Light** have a number to choose from.

YOUTH THEATRE

Act out gospel stories in parks or town centres.

BREAKOUT

COMMUNITY SERVICE & ACTS OF KINDNESS

BAG PACKING
Arrange with a local supermarket to help with bag packing.

CAKE DROP
Bake some delicious cakes, then go and drop them off to neighbours in your local community.

COMMUNITY CARE PACKAGES
Thank community workers in your local area by making up a few hampers and giving them away to NHS staff, teachers, supermarket staff, police, etc.

COMMUNITY LITTER PICK
Get some gloves, high-vis jackets, sturdy bin bags, and some litter grabbers, and go clean up your local area.

CONNECT WITH A LOCAL CARE HOME
Connect with a local care home to bless the residents. This could be by performing dramas or music, playing games, or simply offering company and chatting.

COUNCIL CONNECTION
Contact the local council to see if there are any needs within the community that your group could help with.

DE-VANDALISE
Are there areas in your community that have been vandalised? God is making all things new, and you can join in! Fix fences, scrub off graffiti, and love your local area in action.

DIY HELP DAY
Offer practical help for elderly or vulnerable residents — changing light bulbs, minor repairs, clearing gutters, or tidying gardens — could all be a huge help for those in need.

FOOD BANK COLLECTION
Ask every young person to personally pay for a donation to your local food bank. Bring all the items together in your local church, pray together that they would be a blessing for those who receive them, then go to your local food bank together to donate them.

FOOD BANK COMMUNITY COLLECTION
Set up a station in a community thoroughfare (ideally outside or near a supermarket) and ask the community to make donations that your group will pray over and donate.

COMMUNITY SERVICE & ACTS OF KINDNESS

BREAKOUT

FREE CAR WASH
Set up in a local car park and offer to wash people's cars for free.

FREE GARDENING
Pick up a trowel, borrow a lawn mower, and knock on your neighbours' doors to offer some free weeding and lawn mowing!

HELP THE HOMELESS
Connect with a local homeless charity and see how you can serve them for the afternoon. Perhaps you can take some time to pack some meals for the homeless in your community.

HOT DRINKS FOR THE HOMELESS
Make some flasks of hot drinks, take some disposable cups, and go and give them to the homeless, sharing the love of Jesus through generosity.

LETTER WRITING
Write letters to people in your community in need. For example, those in residential or care homes, hospices, or patients in children's hospitals. Encourage them with messages of love and passages of Scripture.

SERVE AT A SOUP KITCHEN
Contact your local soup kitchen and ask if you can serve with a 'youth takeover' for the night.

SHOEBOXES
Pack some boxes of fun activities and treats to give out to kids, or with some essentials to provide for the poor within your local community.

VISIT YOUNG OFFENDERS
Contact your local Young Offenders Institution and see how you can bless the detainees there. Perhaps you can arrange for a visit to play some games and share testimonies, or simply provide care packages including encouragements from Scripture that demonstrate the love of Jesus.

BREAK OUT

COMMUNITY EVENTS & HOSPITALITY

CAR PARK PARTY

Host an open-air party in your church car park. Light up the space, give out glow sticks, play music filled with light and hope, cook hot dogs, hire an inflatable, share testimonies, and be light in the darkness!

COMMUNITY BANQUET

Nothing builds community like eating together! Host a community banquet, involve the whole church in preparing dishes and sharing plates, invite everyone in your local community to feast together, and arrange for some young people to share their testimonies intermittently through the meal.

COMMUNITY BBQ

Run a free barbecue in a park or communal space. Keep it simple: good food, friendly conversation, and visible welcome.

COMMUNITY FUN DAY

Hold a Community Fun Day. Inflatables, fairground games, sports — all in a local park or communal area for families to come and enjoy.

COMMUNITY LIGHT PARTY

Start by breaking out of the four walls in one of the other ways described in this resource, but go with invitations to join you in the evening within the four walls. Host a 'Light Party' as a Halloween alternative — a fun, vibrant, and Christ-centred event that focuses on themes of light, hope, and joy. It's a brilliant way for children to have a safe, fun night while celebrating Jesus as the Light of the World.

GLOW SPORTS NIGHT

Host glow-in-the-dark sports outdoors using glow bibs, LED balls, or UV paint. A fun and visually engaging way to bring young people together.

HOST A COMMUNITY SPORTS DAY

Rounders, football, basketball, volleyball and, of course, egg and spoon races. You could have single-play games or create a tournament.

KIDS AND COFFEE

Invite tired parents to take a break by preparing some fun games and activities for kids to play with the young people, while parents are given a free cake and hot drink.

LISTENING TABLES

Give opportunities for people in the community to simply come and talk and be heard.

COMMUNITY SERVICE & ACTS OF KINDNESS

BREAK OUT

OPEN MIC / TALENT SHOW

Host an Open Mic night or Talent Show and invite young people from the local schools in your area to come and showcase their talents. Prepare some of your young people to sing some Christian songs, or perform a short piece of theatre with a gospel message.

RUN A CLOTHES SWAP

A fun way to engage your community and tackle climate injustice is through a clothes swap. Set up clothes rails and ask young people to donate items they no longer want or wear. Each young person can take as many new items as old items they donate.

RUN A GAMING TOURNAMENT

Get your young people to load up their consoles in one space and run a variety of gaming tournaments — FC26 and Mario Kart for the win! Encourage your young people to invite their mates along to this easy-access gathering.

SPONSORED SLEEP OUT

As an act of solidarity and generosity for the homeless in your community, arrange an outdoor sleepover with your young people and get the rest of your church to sponsor them, donating the total funds raised to your local homeless shelter. Will you last the night!?

BREAKOUT
JUSTICE & ADVOCACY

FOOD PACKAGING

Package meals for kids facing food insecurity, meeting their immediate need and tackling poverty at its root by providing meals through the school system. You can work with the Christian ministry **Feed the Hungry** to make this happen.

PETITION YOUR LOCAL MP

Be a voice for the voiceless by petitioning your local MP on behalf of those who cannot speak for themselves. Help young people write their own letters, or compose a letter from your whole group which they all sign. One way to do this is through **International Justice Mission**, who are petitioning government to enact legislation that makes it a requirement for all devices sold in the UK to include on-device safeguards that can detect and prevent live-streamed child sexual abuse.

POLITICAL PROTEST

Stand up for justice with a posture that reflects the Way of Jesus - with gentleness and respect - to make a stand for justice issues: the climate crisis, human trafficking, fast fashion, social media legislation, refugees, racial injustice, asylum seekers, knife crime, domestic abuse - all these things matter to God, but the root of the problem is often systemic. What to your young people care about? Make some positive, hope-filled noise about these issues in your community.

REFUGEE WELCOME PACKS

Partner with a local refugee support organisation and assemble welcome packs including toiletries, basic supplies, and handwritten notes of encouragement.

EXTRA RESOURCES

Houses of Light have some fantastic, Halloween specific resources available, that you can give out on your BREAKOUT Mission Day.

THINGS TO THINK ABOUT

RISK ASSESSMENTS

Ensure all of your activities have been appropriately risk-assessed to ensure the safety of everyone involved. Consider food hygiene if cooking/baking, and a meet up point for young people if you get separated during your 'go' activity.

SAFEGUARDING

As in all of our youth work, safeguarding is paramount. Ensure you run your plans past the safeguarding officer in your local church to ensure everything is properly considered.

PARENTAL CONSENT

Ensure parents of your young people are informed about, and have given explicit consent to, the specific activities you will be engaging with for your BREAKOUT activities.

INCIDENT & ESCALATION PLAN

Ensure you have a clear and simple escalation process in place before you head out. All leaders should know who the designated Safeguarding Lead and overall Team Leader are, and what to do in the event of an emergency. This includes situations such as a young person going missing, a safeguarding disclosure, confrontation with a member of the public, or illness/injury. Agree a clear meet-up point in case of separation and ensure emergency contact numbers are easily accessible. Clarity in advance prevents panic on the day.

PREPARATION OF RESOURCES

Stand up for justice with a posture that reflects the Way of Jesus - with gentleness and respect - to make a stand for justice issues: the climate crisis, human trafficking, fast fashion, social media legislation, refugees, racial injustice, asylum seekers, knife crime, domestic abuse - all these things matter to God, but the root of the problem is often systemic. What to your young people care about? Make some positive, hope-filled noise about these issues in your community.

CLOTHING & VISIBILITY

It's October — it will likely be cold, wet, and dark. Yes, fancy dress is fun, but if you're breaking out of the building, make sure your young people are dressed appropriately and warmly. Consider the practicalities of darkness as well: torches or headlamps for leaders can be helpful, and identifiable clothing or high-visibility markers will make team leaders easy to spot in busy areas. Agree clear time boundaries, especially for younger groups, and identify a warm indoor fallback location if needed. Cold and tired young people are more vulnerable, so plan wisely.

TEAM

Do any of your BREAKOUT activities require additional team? This would particularly be the case if going into busy city centres or for prayer activities with multiple stations.

INCLUSION & ACCESSIBILITY

Consider the specific needs of the children and young people in your care when choosing your BREAKOUT activity. Think about mobility needs, additional needs, anxiety levels, sensory sensitivity, and emotional readiness. Ensure every young person can participate meaningfully and safely. You may need to adapt activities, provide quieter roles, or offer alternative ways to engage. Mission should be accessible to everyone.

BUDGET ALLOCATION

Will there be a cost involved? Will you pass this cost on to your young people by charging them to participate in your Breakout Mission Day? Do you need to run your budget past your senior leader, or do some fund-raising in advance?

TRANSPORTATION

If you are travelling further than walking distance for any of your BREAKOUT activities, arrange this in advance along with drivers to assist you.

PREPARING YOUR YOUNG PEOPLE

Is there any training you want to do with your young people in advance of breaking out? You may want to prepare them for some of the more evangelistic activities, as well as for those that involve listening to God and prophesying.

ASKING FOR HELP

And in all of this we are here to help. If there's anything we can do to assist you in planning your BREAKOUT Mission Day, e ven if it's just bouncing around ideas or asking some clarifying questions, then please do not hesitate to **get in touch!**

LEADERSHIP GUARDRAILS & WISDOM FOR BREAKOUT DAY

The **BREAKOUT** Mission Day is bold. It is visible. It is faith-stretching. And because of that — leadership matters more than ever.

Below are some additional considerations to help you lead with wisdom, courage, and care.

1. OUR POSTURE IN THE COMMUNITY

Remember: we are guests in our community.

BREAKOUT is not about protesting Halloween. It is about presenting Jesus.

We are not there to argue.
We are not there to condemn.
We are there to serve, love, and shine.

Lead your young people with humility, kindness, and joy. If challenged, respond gently. If resisted, withdraw graciously. We represent Jesus — so our tone matters as much as our message.

2. PHOTOGRAPHY & SOCIAL MEDIA WISDOM

Sharing stories is powerful — but wisdom is essential.

- **Only film young people for whom you have parental consent.**
- **Do not film members of the public without explicit permission.**
- **Avoid filming vulnerable adults or children who are not part of your group.**
- **Check whether filming is permitted in your chosen location.**

When in doubt, choose privacy over publicity.

3. EMOTIONAL & SPIRITUAL AFTERCARE

Some young people will feel stretched. Some may experience rejection. Some may feel discouraged if conversations don't go as hoped. But remember, faithfulness is success.

Plan a structured debrief time after your activity. Consider asking:

- **What did you see?**
- **What did you feel?**
- **Where did you see God at work?**
- **What challenged you?**
- **What did you learn about courage?**

Normalise rejection. Celebrate obedience. Anchor everything in grace.

4. SAFE & HEALTHY PROPHETIC PRACTICE

If you are including listening prayer, treasure hunting, or prophetic encouragement:

- **Encourage — don't correct.**
- **Offer words gently: "I wonder if…" or "I feel this might encourage you…"**
- **Avoid directional or controlling language.**
- **Never publicly call someone out.**
- **Always allow people to decline prayer.**

Model humility. We step out in faith — not in force.

5. LEAD WITHIN YOUR CAPACITY

Because this is a national moment, there may be pressure to go big. But simple and faithful is better than ambitious and unsafe.

Choose an activity that matches:

- **Your team size**
- **Your leadership experience**
- **Your safeguarding capacity**
- **Your budget**

One well-led activity is more powerful than five chaotic ones.

6. FOLLOW-UP MATTERS

BREAKOUT is not just about a moment of mission — it is about forming a lifestyle of mission.

The goal is not simply that young people do outreach for one day, but that they begin to see themselves as everyday missionaries. Take time after the event to help them reflect on what they experienced and what it means for how they live going forward.

Ask questions like:

- **What did you learn about God?**
- **What did you learn about people?**
- **What did you learn about yourself?**
- **How could you live this way more often?**

Celebrate courage. Affirm obedience. Highlight stories of kindness and faithfulness.

Help your young people understand that mission is not an event in the calendar — it is an identity. We don't step into mission for a day and then step out again. We are sent people, every day, in every space.

BREAKOUT is a catalyst — but discipleship is the aim.

7. CONSIDER COLLABORATION

Where possible, consider partnering with other local churches.

Working together can:

- **Strengthen safeguarding**
- **Share costs and resources**
- **Increase visibility**
- Demonstrate unity in Christ

A united witness speaks loudly.

8. PRAYER COVER

The power is in the prayer!

Consider organising:

- **An intercessory team praying while groups are out.**
- **Specific prayer covering for each team.**
- **A moment of collective prayer before stepping out.**

Whatever you do, ensure your BREAKOUT Mission Day is saturated in prayer.

APPENDIX 1: Planning Template

1. LOCAL BREAKOUT PLANNING OVERVIEW TEMPLATE

Location / Area:

Team Leader:

Date & Time:

Chosen BREAKOUT Activity:

Target Community (who are we aiming to reach?):

Purpose (What is the missional aim?):

How does this reflect Jesus?:

2. TEAM ROLES & RESPONSIBILITIES

Team Leader:

Safeguarding Lead:

First Aid Lead:

Prayer Lead:

Logistics / Equipment Lead:

Social Media / Communications:

Finance / Budget Contact:

3. LOGISTICS PLANNER

Equipment Needed:

Permissions Required (council, venue, supermarket, etc.):

Public Liability Insurance Checked? (Y/N):

Transport Arrangements:

Meeting Point & Finish Point:

Contingency Plan (bad weather / low turnout):

Emergency Contact Number:

4. SPIRITUAL PREPARATION PLAN

Pre-event Prayer Plan:

Scriptures to Focus On:

Fasting (if applicable):

How will we debrief spiritually afterward?:

Testimony Capture Plan:

APPENDIX 2: Risk Assessment Template (Sample)

Activity: Community Litter Pick

Location: Local Park

Date: 31 October 2026

Hazard: Sharp objects (glass, needles)

Risk: Cuts or infection

Control Measures:

- Protective gloves worn at all times
- Litter pickers used (no hand contact)
- Sharps container provided
- First aid kit on site
- Briefing given before activity

Hazard: Weather (cold / rain)

Risk: Hypothermia / discomfort

Control Measures:

- Weather checked 48 hours prior
- Warm clothing required
- Shortened duration if severe weather
- Indoor backup plan prepared

Hazard: Traffic (if near roads)

Risk: Injury

Control Measures:

- High-visibility jackets worn
- Clear boundary briefing
- No litter picking on busy roads
- Adult supervision near crossings

Overall Risk Level After Controls: Low Lead Responsible:_____ Signature: _____ Date: _____

SHARE YOUR STORIES

We'd love to see and hear about everything you get up to on your BREAKOUT Mission Day. So don't forget to take us in your stories on @YTHLIMITLESS and @LIMITLESSELIM and we'll be sure to share!

AND FINALLY....

BREAKOUT Mission Day is about raising courageous, others-focused, mission-minded young people.

Lead boldly.
Plan wisely.
Love generously.
Trust Jesus fully.

And "carry the light giving message into the night."

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HALLOWEEN 2026

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